

All meals include a choice of either fat-free or 1%, chocolate or white milk.

December 2024 Breakfast and Lunch Menu

Check the Nutrislice website for the daily breakfast option at Ke'elikōlani Middle School.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2 Plain Bagel Cream Cheese Cup Craisins *****</p> <p>Creole Macaroni with Cheese Green Salad, Dressing Edamame, Sliced Peaches Whole Grain Roll</p>	<p>3 Cheese-stuffed Breadstick Marinara Sauce Cup Oranges *****</p> <p>Fish Fillet Sandwich Lettuce Leaf & Tomato Slice Cucumber Sticks, Nacho Chips Dressing, Orange Fruit Gel</p>	<p>4 Egg & Cheese Burrito Salsa Cup Oranges *****</p> <p>Tasty Tenders Brown Rice, Dipping Sauce Broccoli, Baked Beans Strawberry Apple Crisps</p>	<p>5 Portuguese Sausage Brown Rice, Ketchup Strawberry Kiwi Juice *****</p> <p>Baked Chicken with Gravy Brown Rice Steamed Carrots, Corn Unsweetened Applesauce</p>	<p>6 Cinnamon Roll Pork Sausage Patty Craisins *****</p> <p>Chicken Potstickers (Gyoza) Honey Sriracha Dipping Sauce Cucumber Sticks, Dressing Baby Carrots, Fresh Fruit</p>
<p>9 Cinnamon Belgian Waffle Chicken Tenders Strawberry Kiwi Juice *****</p> <p>Three Bean Chili Mac Steamed Carrots Broccoli Fruit Slushie</p>	<p>10 Cheese-stuffed Breadstick Marinara Sauce Cup *****</p> <p>Hot Dog with Bun Tater Tots Baby Carrots Fresh Fruit</p>	<p>11 Portuguese Sausage Brown Rice, Ketchup Unsweetened Applesauce *****</p> <p>Pepperoni Pizza Baby Carrots Cucumber Sticks, Dressing Fresh Fruit</p>	<p>12 Cinnamon Toast Vanilla or Summer Berry Yogurt Craisins *****</p> <p>Hamburger with Bun Lettuce Leaf & Tomato Slice Potato Wedges, Fresh Fruit Cucumber Sticks, Dressing</p>	<p>13 Banana Bread Turkey Sausage Links Strawberry Apple Crisps *****</p> <p>Kalua Pork and Cabbage Brown Rice Edamame, Lomi Tomato Pineapple Chunks</p>
<p>16 Plain Bagel Cream Cheese Cup Strawberry Apple Crisps *****</p> <p>Cheese Bites Marinara Sauce Cup Cucumber Sticks, Dressing Fresh Fruit</p>	<p>17 Breakfast Pizza Oranges *****</p> <p>BBQ Pork Sandwich Tater Tots, Ketchup Coleslaw, Baked Beans Sliced Peaches</p>	<p>18 Breakfast Chicken Patty Brown Rice Ketchup, Craisins *****</p> <p>Mini Turkey Corn Dogs Baby Carrots, Cucumber Sticks Dipping Sauce, Dressing Fresh Fruit</p>	<p>19 Country Breakfast Scramble Brown Rice Salsa Cup *****</p> <p>Chicken Tenders Tater Tots, Dipping Sauce</p>	<p>20 Cinnamon Roll Pork Sausage Patty Strawberry Apple Crisps *****</p> <p>Hamburger Curry Brown Rice, Green Salad Cucumber Sticks, Dressing Strawberry Kiwi Juice</p>
<p>23 </p>	<p>24 </p>	<p>25 </p>	<p>26  </p>	<p>27 </p>
<p>30 </p>	<p>31 </p>	<p></p>	<p></p>	<p></p>

"THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER."

Menu is subject to change without notice.